

Daniel A. Brzusek, D.O., M.Sc.

Director – Physical Medicine & Rehabilitation

Northwest Rehabilitation Associates, Inc.

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Personal Information

- **Birth date:** 11/14/1944
- **Marital Status:** Married to Patricia Lee McAlinden Brzusek
- **Occupation:** Management Consultant; Office Manager, Northwest Rehabilitation Associates, Inc.
- **Washington Medical License:** #OP00000727
- **Active Clinical Practice** since 1976, Bellevue, Washington

Current Positions

- **Regional Dean**, PNWU School of Osteopathic Medicine — 6/2016 to present
- **Director, Physical Medicine & Rehabilitation**, Northwest Rehabilitation Associates, Inc., Bellevue, Washington — 1976 to present

Past Titles

- Co-Director, Physical Medicine & Rehabilitation, Overlake Hospital Medical Center, Bellevue, Washington — 1976–1990
- Director, Physical Medicine & Rehabilitation, Valley Medical Center, Renton, Washington — 1976–1982

Education

- Graduate, Bishop Duffy High School, Niagara Falls, New York — Class of 1962
- Bachelor of Science in Biology, Niagara University — 1966
- Doctor of Osteopathic Medicine, Philadelphia College of Osteopathic Medicine — 1970
- Master of Science in Rehabilitation Medicine, University of Washington — 1976
- Management Program, Graduate School of Business, University of Washington — 1981

Internship

- Monmouth Medical Center, Long Branch, New Jersey — 1970–1971

Residency

- Monmouth Medical Center, Long Branch, New Jersey, Pediatrics — 1971 (three-month residency)
- University of Washington, Seattle, Washington, Physical Medicine and Rehabilitation — 1973–1976

Military Duty

- U.S. Air Force, Grand Forks Air Force Base, Grand Forks, North Dakota — 1971–1973

- U.S. Air Force Reserves, McChord Air Force Base, Washington — 1973–1976

Professional Positions

- Director, Physical Medicine & Rehabilitation, Valley Medical Center, Renton, Washington — 1976–1982
- Co-Director, Physical Medicine & Rehabilitation, Overlake Hospital Medical Center, Bellevue, Washington — 1976–1990
- Director, Physical Medicine & Rehabilitation, Northwest Rehabilitation Associates, Inc., Bellevue, Washington — 1976 to present
- Clinical Assistant Professor, Department of Rehabilitation Medicine, University of Washington — 1982–2013
- Adjunct Clinical Associate Professor, College of Osteopathic Medicine, Pacific Northwest University of Health Sciences — 2008 to present
- Sports Medicine Committee, American Academy of Physical Medicine and Rehabilitation — 1982–1991 (Chairman, 1984)
- Assistant Professor of Orthopedics, Western University of Health Sciences—College of Osteopathic Medicine of the Pacific, Pomona, California — 1980–2012
- National Initiative on Pain Control, Education Council — 2001–2013
- Clinic Advisor, American Running Association — June 1997–November 2000
- PSRO Review Physician, Washington State Physicians Review Organization — 1981–1987
- Information Systems Committee, American Academy of Physical Medicine & Rehabilitation — 2001–2007
- Washington Osteopathic Medical Association, Medical Economics Committee — 2003
- Washington Osteopathic Medical Association, Membership at Large Committee — 2003–2005
- Chair, Pain Management Seminar — 2003, December 2007
- Consulting Staff, Swedish Hospital Medical Center, Seattle — 1999–2012
- Coalition and Center for Ethical Medical Testimony — 2004–2012
- Chairman, Governmental Affairs, Washington State Medical Association — 1998–1999
- President, Washington State Society of Physical Medicine & Rehabilitation Association — 1999–2013
- Fellow, American Osteopathic College of Physical Medicine and Rehabilitation — 2007 to present
- Trustee, American Osteopathic College of Physical Medicine and Rehabilitation — November 2005–November 2014
- Board Member, Washington Osteopathic Medical Association — 1985–1998
- Grievance Committee, King County Medical Society — 1990–1991
- Academic Advisory Committee, Board of Osteopathic Medicine & Surgery, State of Washington — 1991 to present
- Fellow, American Academy of Pain Medicine — 1995 to present
- Fellow, Physiatric Association of Spine, Sports & Occupational Rehabilitation — 1995–2012
- Peer Appeals Chairman, Washington State Physicians' Review Organization — 1984–1987
- Board of Directors, Physician's Bureau, King County Medical Blue Shield — 1989 to present (Treasurer, 1992–1993; Vice President, 1993–1994; President, 1994–1995)
- Medical Malpractice Committee, American Academy of Physical Medicine and Rehabilitation — 1985–1987
- Liaison to American Medical Association Committee, Special Task Force of Professional Liability and Insurance (from American Academy of Physical Medicine and Rehabilitation) — 1985–1987
- Public & Inter-Professional Relations Committee, Washington State Osteopathic Medical Association

— 1992–2012

- Editorial Board, SpineUniverse.com — 2005 to present
- Physician’s Advisory Group, Overlake Hospital Medical Center — 2009 to present
- Committee on Medical Economics, Washington Osteopathic Medical Association — 1995–1999; 2002–2006
- Member, National Orthopedic Educational Society — 2002 to present
- Finance Committee, Glendale Country Club — 2002–2014
- Board of Directors, Washington Arboretum Foundation — 2002–2005
- Physicians Advisory Council, Overlake Hospital Foundation — 1997–2013
- Delegate, King County Medical Society — 1998, 1999, 2000, 2010, 2011, 2013
- Board of Trustees, King County Medical Society, East District — 2010–2013
- Board of Directors, Area Business Center for Development and Economics — 1996
- Member, Washington Association of Independent Medical Examiners — 1999 to present (Board Member, 2001–2011)
- President-Elect, Washington Association of Independent Medical Examiners — 2006–2008
- Compensation Committee for Access Health Care — 1996–2000
- Practice Management Committee, Capitated Care Sub-Section, American Academy of Physical Medicine & Rehabilitation — 1996
- Abstract Reviewer, American Academy of Physical Medicine & Rehabilitation — 1996 to present
- Abstract Reviewer, *Journal of Musculoskeletal Medicine* — 1995 to present
- Inter Specialty Council, Washington State Medical Association — 1994–1999
- Board of Trustees, Puget Sound Spine Interest Group — 1997–2002
- 8th District Healthcare Advisory Committee, U.S. Representative Dave Reichert — June 2007–June 2011
- Chairman, Government Reference Committee, Washington State Medical Association — 1998–2002
- Physicians Advisory Board, 20/20 Lifestyles Program, Pro Sports Club — 1999–2014
- Board Member, Western Pain Society — 2005–2017
- Legal/Legislative Committee, Washington Osteopathic Medical Association — 2002–2012
- Medical Economic Committee, Washington Osteopathic Medical Association — 2002–2012
- American Association of Physical Medicine & Rehabilitation, Data Advisory Group — 2006
- Member, Washington Association of Pain Medicine — 2007 to present
- Adjunct Clinical Faculty Professor, Pacific Northwest University of Health Sciences — 2007 to present
- National Initiative on Pain Control Education Council — 2001–2007
- Board of Directors, Western Pain Society — 2007–2016
- Industrial Insurance Medical Advisory Committee’s Subcommittee on Chronic Pain — 2011–2012
- Consultant, part-time employee, Pacific Rehabilitation Centers — 2016
- The Bellevue Police Foundation Board — January 2008 to present
- American Osteopathic College for Physical Medicine and Rehabilitation, Resident Writing Award Committee — 2008 to present
- Regional Dean, PNWU — June 2016 to present

Professional Organizations

- American College of Sports Medicine
- American Academy of Physical Medicine & Rehabilitation
- American Association of Electrodiagnostic Medicine

- King County Medical Society
- Washington State Medical Association
- Washington Osteopathic Medical Association
- American Osteopathic Association
- Northwest Academy of Physical Medicine & Rehabilitation
- American Academy of Pain Medicine
- House of Delegates, Washington State Medical Association — 1994–1996
- Legislative Medical Aid, Washington State Legislature — 1976–1995
- Precinct Chairman, Republican Party — 1982–1992, 2010 to present
- Member, National Ski Patrol, Pacific Northwest Division, Stevens Pass, WA — 1974–1986
- President, National Ski Patrol, Pacific Northwest Division, Stevens Pass, WA — 1985–1986
- Member, Central Park Tennis Club — 1984–2000 (Membership Chairman, 1986–1987)
- 48th District Chair, Bob Dole Election Committee — 1988
- Member, Bellevue Breakfast Rotary Club — 1986–1992 (Board Member, 1987–1988)
- Member, Useless Bay Golf & Country Club — 1988–2004
- Board of Directors, Northwest Boychoir & Youthchoir — 1987–1990
- Board of Directors, Bellevue Boys & Girls Club — 1988–1992
- Physicians Advisory Group, Overlake Hospital Medical Center — 2011–2013
- Foundation — 1997–2004 (Board Member, 1998–2001)
- Member, Glendale Country Club — 2003 to present
- Clinical Assistant Professor, Pacific Northwest University of Health Sciences, College of Osteopathic Medicine, Yakima, Washington — 2008 to present
- Board of Directors, Bellevue Police Foundation — 2008 to present
- Republican Precinct Committee Officer — 2008–2016
- Physicians Technology Steering Committee, Overlake Hospital Medical Center — June 2009 to present
- CH-3 Republican Party Precinct Committeeman — 2008 to present
- State of Washington AGO Prescription Drug Advisory Group — 2010–2012
- Prescription Drug Task Force, State of Washington (requested by Attorney General Rob McKenna) — 2010
- Board Member, Western Pain Society — 2009–2014
- Spine/Low Back Pain Workgroup, Bree Collaborative — 2012–2013
- Chairman, NSAID Alliance for Rational Guidelines — 2013 to present (NSAIDalliance.org)
- Pacific Northwest Network of Forensic Expert Witnesses — 2016

Professional Degrees

- Board Certified, Physical Medicine & Rehabilitation — 1977

Awards

- Good Shepherd Award, 2004, for excellence in the field of medicine — Apostolic Clergy Advisory Council, Seattle
- Outstanding Alumnus Award, Niagara Catholic High School — May 2012

Lectures

- 1/13/98 — “Treatment of Pain in the Elderly,” Northwest Academy of Physical Medicine & Rehabilitation, Seattle, Washington
- 6/10/98 — “Outcome Measures in Osteopathic Medicine,” Washington Osteopathic Medical Association, Harbour Center
- 9/17/98 — “Back Pain Management: Acute Chronic Lumbosacral Pain,” Pacific Northwest Conference for Primary Care Practitioners
- 3/31/99 — “Vertebral and Carotid Artery Dissections, Diagnosis & Treatment,” Overlake Hospital Medical Center
- 4/13/01 — “Pain Management for the Mature Adult,” Washington State Academy of Physicians Assistants
- 6/22/01 — “Personal Digital Assistants for Physicians,” Evergreen Hospital Medical Center
- 1/13/04 — “Update on NSAID’s,” Washington Osteopathic Medical Association, Seattle, Washington
- 9/11/04 — “End of Life Care and Pain Management,” Osteopathic Physicians & Surgeons of California
- 9/18/04 — “Evaluation of Sports & Exercise Related Injuries,” Tutorial Workshop, ARNP’s United of Washington State, sponsored by University of Washington School of Nursing, Continuing Nursing Education
- 11/8/05 — “Cartilage Update: Viscosupplementation Now and Beyond,” Genzyme Biosurgery, Bellevue, Washington
- 9/27/04, 10/5/04, 10/13/04, 10/14/04, 10/21/04 — “Innovative Strategies for Relieving Refractory Pain in Osteoarthritis of the Knee,” University of Wisconsin Medical School (audio conferences)
- 10/9/04 — “An Evidence-Based Review of Hyaluron Injection with Specific Attention to Joints Other than the Knee,” Annual Meeting of American Academy of Physical Medicine & Rehabilitation, Phoenix, Arizona
- 11/9/04 — “Algorithm for Lower Back Pain,” American Osteopathic Association / American Academy of Osteopathic Rehabilitation, San Francisco, California
- 11/16/04 — “Update on NSAID’s and Other Alternatives for Treating Osteoarthritis,” Overlake Hospital Medical Center and Evergreen Hospital Medical Center Family Practice Group
- 1/27/05 — “Algorithm of Lower Back Pain,” Washington Association of Independent Medical Examiners
- 2/8/05 — “Topical Pain Analgesia,” Day at the University of Washington Medical School, Dept. of Anesthesia and Pain
- 2/20/05 — “Practical Aspects of Pain Physiology and Applicability to Clinical Problems” and “Topical and Transdermal Analgesia,” Osteopathic Physicians & Surgeons of California
- 3/12–13/05 — Education Council Meeting, National Initiative on Pain Control, La Jolla, California
- 4/8/05 — “Cervical Radiculopathy”, 4/9/05 — “Needle EMG of the Upper Extremity”, 4/10/05 — “Peripheral Polyneuropathy” — American Osteopathic College of Physical Medicine & Rehabilitation, Scottsdale, Arizona
- 6/23/05 — “Peripheral Neuropathy,” Washington Osteopathic Medical Association Convention, Semi-ahmoo Resort
- 9/24/05 — “A Potpourri of Pain Management for The Family Practitioner,” Washington Osteopathic Medical Association Fall Seminar, Sea-Tac Marriott, Seattle, Washington
- 10/29/05 — “Ten + Thirteen Does not Equal Seventy-Five — Understanding the Legislative Process Leading Up to The Current 75% Rule and Why It Should Concern You,” American Academy of Physical Medicine & Rehabilitation
- 1/20/06 — “Electronic Medical Records, Economic and Political Perspectives,” Evergreen Hospital Medical Center

- May 2006 — Pri Care Speakers Bureau for Advanced Health Media
- 5/4/06 — “Golf Injuries,” American Osteopathic College of Physical Medicine & Rehabilitation, Seattle, Washington
- 5/6/06 — “Management of Osteoarthritis of the Knee,” Department of Physical Medicine and Rehabilitation, University of Kansas
- 5/25/06 — “Viscosupplementation for Osteoarthritis,” Kansas City Society of Physical Medicine and Rehabilitation
- 7/1/06 — “Choosing Electronic Health Record and Relationship to Regional Health Information Organizations,” Washington Osteopathic Medical Association Annual Meeting
- 7/13/06 — “Innovation in Chronic Pain Management,” Pri Care Speakers Bureau, Angelo’s Restaurant, Burien, Washington
- 7/20/06 — “Innovation in Chronic Pain Management,” Pri Care Speakers Bureau, Primary Care Associates, Lynnwood, Washington
- 8/30/06 — “Innovation in Chronic Pain Management,” Pri Care Speakers Bureau, Edmonds, Washington
- 3/21/07 — “Electronic Medical Records Update/Overview,” Western States Osteopathic Convention, Las Vegas, Nevada
- 4/5/07 — “Making Pain Management Painless,” Yarrow Bay Beach Café, Kirkland, Washington
- 5/11/07 — “Electronic Medical Records/Electronic Health Records/Regional Health Information Organizations,” NOES 2007 Annual Meeting, Kohler, Wisconsin
- 10/3/07 — “Persistent Pain in the Elderly,” NIPC, St. Francis Hotel, San Francisco, California
- 11/5/07 — “Advances in Opioid Analgesia: Evolving Strategies for Patient Management,” National Initiatives on Pain Control, Sorrento Hotel, Seattle, Washington (two-hour lecture)
- 5/1/08 — “How to Identify, Manage and Mitigate Costs from Non-Industrial Disease and Risk Factors/Cardiovascular Disease,” Washington Self-Insurers Association, Learn Lab #3 (two one-hour talks)
- 8/14/08 — “The Industrial Athlete,” Evergreen Hospital Medical Center
- 11/11/08 — “Whiplash Associated Disorders,” Northwest Medical Experts
- 11/21/08 — “Pain Management for Non-Compliant Patients,” American Academy of Physical Medicine and Rehabilitation Annual Convention
- 6/26/09 — “Office-Based Treatment of Opioid Dependence,” Washington Osteopathic Medical Association Convention
- 6/19/10 — “Reimbursement for Rehabilitation Model for Pain Practitioners” and “Case Presentation Rehabilitation Panel with Psychiatrist, Psychologist and Physical Therapist,” Western Pain Society
- 6/26/10 — “Resources for the Family Physician for Dealing with Chronic Pain Patients,” Washington Osteopathic Medical Association 2010 Annual Convention
- 10/26/10 — Panel Discussion on Health Care Reform (with Carl Shapiro, D.O., and Robert S. Goldberg, D.O.), American Osteopathic Association Unified Convention
- November 2011 — “Popcorn Lungs,” Mock Trial, American Board of Trial Advocates
- November 2012 — “HNP, Cervical Disc,” Mock Trial, American Board of Trial Advocates
- 2/15/13 — “Winning With Evidence,” Washington State Association for Justice (acted as Treating and CR 35 physician)
- 8/9/13 — “Guidelines for Injections and Other Treatment for Chronic Neck and Low Back Pain,” Progressive Insurance/MES Solutions
- Oct. 24, 2014 (Spokane) / Jan. 23, 2015 (Gig Harbor) — “The Aging American Workforce: Implications for Claims Managers. Preventing Disability and Return to Work in an Aging Population,” Washington Self-Insurers Association

- November 8, 2015 — “Worker’s Compensation from A to Z — a Doctor’s Viewpoint,” National Business Institute, Seattle, Washington

Publications

- “When to Consider Diagnostic Tests for Back Pain,” *Pain Management Today*, Vol. 4, #1, April 2004
- Contributing author, *Sports Medicine Injuries*, ed. Rob Gottlin, D.O. (team doctor, New York Knicks), October 1, 2008
- “Treating Knee Arthritis with Intra-Articular Hyaluronans,” *Current Medical Research and Opinion*, December 2008
- Contributions to SpineUniverse.com:
 - “Chiropractic Care: Includes More Than Spine Manipulations”
 - “How Physiatrists Diagnose Conditions”
 - “What is a Physiatrist?”

Media Presentations

- “NSAID Use in Athletics,” KRKO Radio 1330 / FOX Sports Radio — January 27, 2014

Hobbies

Tennis, computers, golf.

Awards and Special Recognition

- Donald K. Treseler Award, June 21, 2003 — Washington Osteopathic Medical Association, in recognition of outstanding effort and commitment to public affairs
- Good Shepherd Award, 2004 — Apostolic Clergy Advisory Council, for excellence in the field of medicine
- Civilian Award, Law Enforcement Merit Award — City of Bellevue, 2008
- Honorary Co-Chairperson, 2005 Bandage Ball, Overlake Hospital Medical Center — recognition for 25 years of fundraising
- Co-Chairperson, 2005 Overlake Hospital Golf Tournament, Glendale Country Club
- Fellow, American Osteopathic College of Physical Medicine and Rehabilitation

Other Positions

- Managing Partner, Bellevue Medical Park Computer Services — 1980–1983